

Tragedy and Disaster Response Resources

Staff, parents and families,

As we learn of about the tragic events of the school shooting in Connecticut our hearts and sorrow go out to the families and community affected. We also may begin to wonder how to we talk to our own children about sensitive topics such as death, school shootings and safety. Listed below are some links to resources to help; as you click on the links (the underlined words) below you will be directed to various websites with information to help assist you in speaking with your children.

Local resources – In Fort Morgan: from Centennial Mental Health

Website: <http://www.centennialmhc.org/>

Supporting Safe and Positive Colorado Schools from Colorado Department of Public Safety

Website: <http://www.colorado.gov/cs/Satellite/GDPS-SafeSchools/CBON/1251621089752>

Talking With Your Children/Students About the Sandy Hook Elementary Shooting from the CrisisManagement Institute

Website: <http://www.cmionline.com/current-events/>

Addressing Sandy Hook (and Other Tragedies) in the Classroom from User Generated Education, Jackie Gerstein, Ed.D.

website: <http://usergeneratededucation.wordpress.com/2012/12/16/addressing-sandy-hooks-and-other-tragedies-in-the-classroom/>

Coping with Violence and Traumatic Events from Substance Abuse and Mental Health Services Administration (SAMHSA)

Website: <http://www.samhsa.gov/trauma/>

Culturally Competent Crisis Response: Information for School Psychologists and Crisis Teams from National Association of School Psychologists

website: http://www.nasponline.org/resources/culturalcompetence/cc_crisis.aspx

Dealing with Grief: Five Things NOT to Say and Five Things to Say in a Trauma Involving Children from Huffington Post

Website: http://www.nasponline.org/resources/culturalcompetence/cc_crisis.aspx

Disaster Mental Health Resources from American Counseling Association (ACA)

Website: <http://www.counseling.org/sub/dmh/resources.aspx>

Disaster Trauma Responses of Children from American Counseling Association (ACA)

Website: <http://www.counseling.org/sub/dmh/Fact%20Sheet%203%20-%20Disaster%20and%20Trauma%20Responses%20of%20Children.pdf>

Emergency Management Resources and Emergency Planning Links from Center for Safe Schools

Website: <http://www.safeschools.info/emergency-management/emergency-management-resources>

Guidelines for Administrators, Counselors, and Teachers – Sandy Hook Elementary Shooting from Crisis Management Institute

Website: <http://www.cmionline.com/wp-content/uploads/2012/10/GuideSchlSH2012.pdf>

Helping Children Cope with Tragedy Related Anxiety from Mental Health America (MHA)

Website: <http://www.nmha.org/go/information/get-info/coping-with-disaster/helping-children-handle-disaster-related-anxiety>

Helping Kids During a Crisis from American School Counselor Association (ASCA)

Website: <http://www.schoolcounselor.org/content.asp?contentid=672>

Helping Students Through Tragedy from Barbara Gruener

Website: <http://www.teachingblogaddict.com/2012/12/helping-students-through-tragedy.html>

How to Talk to Children About School Shooting from WebMD

Website: http://www.webmd.com/parenting/news/20121214/talk-children-school-shooting?src=RSS_PUBLIC

How to Talk to Your Kids About the Conn. Shooting from National Public Radio (NPR)

Website: http://www.npr.org/blogs/health/2012/12/14/167269582/how-to-talk-to-your-kids-about-the-conn-shooting?utm_source=science&utm_medium=facebook&utm_campaign=20121214

Memorial Activities at School: A List of "Do's" and "Don'ts" from National Association of School Psychologists (NASP)

Website: http://www.nasponline.org/resources/crisis_safety/memorialdo_donot.pdf

Practical Information on Crisis Planning: A Guide for Schools and Communities from Ed.gov

Website: <http://www2.ed.gov/admins/lead/safety/emergencyplan/crisisplanning.pdf>

Sandy Hook Elementary School Shooting from Crisis Management

Website: <http://www.cmionline.com/current-events/>

Talking to Children About the Shooting from The National Child Traumatic Stress Network (NCTSN)

Website:

http://www.nctsnet.org/sites/default/files/assets/pdfs/talking_to_children_about_the_shooting.pdf

Talking with Children About Subjects: Illness, Death, Violence and Disaster from NYU Child Study Center

Website:

http://www.aboutourkids.org/articles/talking_children_about_difficult_subjects_illness_death_violence_disaster?CSRT=16666997678636257062

Talking to Children About Violence: Tips for Parents and Teachers from National Association of School Psychologists

Website: http://www.nasponline.org/resources/crisis_safety/talkingviolence.pdf

Talking With Children/Students About the Sandy Hook Elementary Shooting from Crisis Management Institute

Website: <http://www.cmionline.com/wp-content/uploads/2012/10/Talking-With-Your-Children-About-the-Sandy-Hook-Elementary-Shooting.pdf>

Talking with Students in Response to the Sandy Hook Shooting from School Counseling by Heart (includes a script for talking to students)

Website: <http://schoolcounselingbyheart.wordpress.com/2012/12/16/talking-with-students-in-response-to-the-sandy-hook-shooting/>

Tips for Talking to Children About the Elementary School Mass Shooting from New York Times

Website: http://www.nytimes.com/2012/12/15/health/tips-for-talking-to-children-about-the-elementary-school-mass-shooting.html?_r=4&adxnnl=1&adxnnlx=1355521410-nkTBhktJ2Tab0WRiB2MHyg&

Resources compiled by Morgan Re-3 Counselors & Psychologists – to include resources provided by School Counselor Danielle Schultz at [School Counselor Blog](#),